

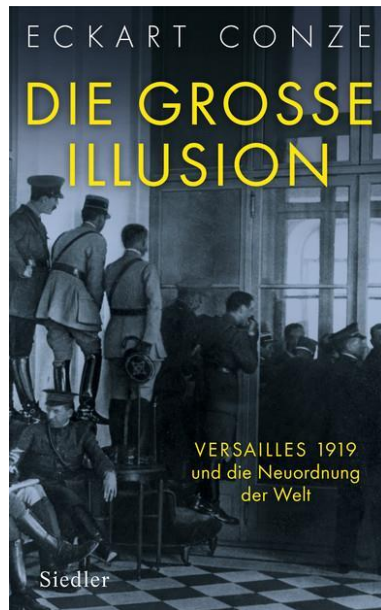


VERLAGSGRUPPE
RANDOM HOUSE
BERTELSMANN

Best of Random House Germany

Non-Fiction
Autumn 2018

The peace no one wanted: the Treaty of Versailles and its consequences



Eckart Conze
The Great Illusion
[Die große Illusion]
Versailles 1919 and the
reorganisation of the world

Siedler
500 pages
With illustrations
October 2018

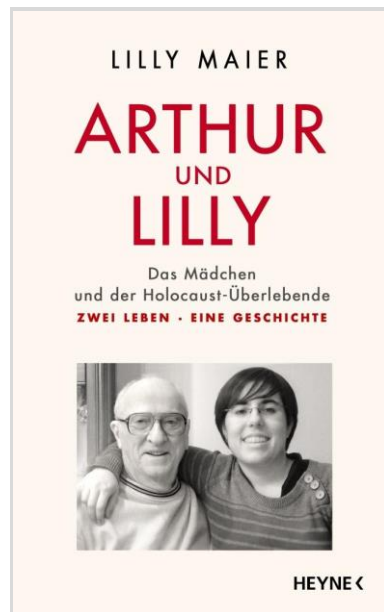
Eckart Conze, born in 1963, is a professor of modern and contemporary history. His publications include works on the history of Federal Germany, international relationships in the 19th and 20th centuries and the history of aristocracy in Germany.

The Treaty of Versailles has left its mark on the world until today – old empires disappeared, modern national states came into being; new conflicts flared up, on the Balkans or in the Middle East. Yet in 1919 the entire world was longing for a stable order after the Great War and hopes were pinned on permanent peace.

As, however, Eckart Conze demonstrates in his brilliantly written and meticulously researched book, all the expectations turned out to be one gigantic illusion: neither the victorious Allies nor the defeated Germans and the other losers were really prepared to make peace. Even after the ceasefire the war continued in the heads of all those involved, with disastrous consequences. Versailles – that was the peace that no one wanted.

For all readers of Christopher Clark's *The Sleepwalkers*.

The poignant biography of a Holocaust survivor and the story of an unusual friendship



Lilly Maier
Arthur and Lilly
[Arthur und Lilly]
The girl and the Holocaust survivor
Two lives, one story

Heyne
352 pages
With a 32-page 4c image section
November 2018

Rights available except:
World English

Lilly Maier, born in 1992, studied history in Munich and journalism at New York University. Her degree dissertation on the long-term effects of the Refugee Children Movement or *Kindertransport* was awarded the "Prize for Outstanding Student Research" in 2014. She works as a guide at the Concentration Camp Memorial Site in Dachau and freelances as a journalist.

"I had a wonderful life", Arthur Kern muses, meaning his childhood in Vienna – up to that fateful moment in 1939, when at the age of just ten he is suddenly separated from his family. Hoping to save him from the Holocaust, his Jewish parents send him away to an unfamiliar world with a *Kindertransport* or Refugee Children Movement – a traumatic experience for the ten-year-old. He manages to escape to America via France, but he never sees his family again.

60 years later, while visiting the apartment of his childhood days in Vienna, he makes the acquaintance of eleven-year-old Lilly Maier – a fateful encounter for both of them and one that not only strongly influences Lilly's future but also leads to Arthur being bestowed with a late legacy of his parents ...

An explosive appraisal and outspoken demand: only authentic sharing can help

English sample translation available

Hans-Peter Martin, long-standing *Spiegel* correspondent and independent EU parliamentarian, is one of the most successful non-fiction writers, with more than 7 million copies of his books sold. *The Globalisation Trap* (with Harald Schumann) and *Bitter Pills* have been translated into numerous languages.



Hans-Peter Martin

Game Over

[Game Over]

Affluence for a few,
democracy for no one,
nationalism for everyone –
and then what?

Penguin
384 pages
September 2018

With his new book, Hans-Peter Martin, author of the international bestseller *The Globalisation Trap*, is providing an equally explosive analysis: the system is crashing.

Robotics and digitalisation will increase the existing enormous inequality in society even further; even in the West, not only wide sections of the population are turning their backs on democracy but also the elite. The financial crisis is still bubbling away merrily, the threat of trade wars is hanging over our heads, the climate change is displaying its extremes, and so is China. Populists and authoritarian regimes will use the private mass of data of each and every one of us in order to cement their power. The new nationalism is seen by many as a cure-all but it ends in war. Game Over. Free play uncertain. And then what? The author suggests various unconventional ways out.

Shortlisted for the German Economics Book Prize 2018

"*Game Over* is a great achievement. Impressive and very well written, this book will engender debate." *Gerd Leipold, former Executive Director of Greenpeace International*

The astonishing stories of the inventions of everyday things



Christian Kämmerling **It Was Just a Thought ...**

[War ja nur so 'ne Idee ...]
Flashes of inspiration with
strong consequences.
300 stories

Goldmann Paperback
240 pages
With ca. 40 4c illustrations
July 2018

Christian Kämmerling, born in 1953, is considered one of the leading magazine makers in Germany. He was the head of the *SZ-Magazin* for more than 10 years, and he determined the comeback of the legendary *FAZ-Magazin*. Since 2005 he has been the owner of a creativity agency. His credo: Journalism is allowed to do anything – so long as it's not boring.

Christian Kämmerling has collected the decisive moments in the genesis of the things of modern life, things so nearly indispensable in everyday life that we take them for granted. This "Lexicon of Good Ideas" presents innovations, pioneering achievements, and the opportune insights or brainstormings of genius minds. Included are such tidbits as: Who was the first jogger? When did the latte macchiato craze start? Who invented the credit card? Where does the @ sign come from? Here are 300 entertaining entries from A to Z, brilliantly told by the "inventor" of the *SZ-Magazin*, Christian Kämmerling, and beautifully illustrated by his son Jim.

Sophisticated ideas – humorous anecdotes – good entertainment

Spiegel bestseller: more than 10,000 copies sold

Press:

"An amusing book of inventions [...] you'd like to read in one go."
20 Minuten Zürich

"For dipping into and showing off at dinner parties."
Welt am Sonntag

"The magic of first times makes this book so captivating."
Zeit Wissen

What is a breath of air and where does it go?

English sample translation available

Dr. med. Kai-Michael Beeh, born in 1971, is an internist and pulmonary specialist. In 2004 he co-founded the insaf Institute for Respiratory Research in Wiesbaden. He has written numerous articles in professional journals and co-authored and edited standard textbooks. As an expert for respiratory diseases, he is in demand as a lecturer and also as an interview partner in the media on topics pertaining to lung health.



Dr. med. Kai-Michael Beeh **The Breath-taking World of our Lungs**

[Die atemberaubende Welt der Lunge]

Why our largest organ likes fruit, why we have to cough during concerts and why every breath we take is unique

Heyne
288 pages
With 7 b/w illustrations
October 2018

Every day our respiratory tract transports over 10,000 litres of air back and forth – the contents of one hundred bath tubs. With every breath we take our lungs deal with gigantic quantities of bacteria and microorganisms, fine dust and other air pollutants, and in most cases amazingly manage to remain in working order for our entire lives. And yet our lifestyles and the environment are endangering the function and integrity of our lungs to an extent that is true of few other organs.

In this fascinating and entertaining book, lung specialist Kai-Michael Beeh tells us everything about our lungs, the amazing things they can do and how we can help them stay young and healthy.

- **A love letter to the lungs**
- **Infotainment at its best**

From electrified monks to artificial intelligence: a cultural history of machines

English sample translation available

Martin Burckhardt, born in 1957, has been a publisher, describes himself as an "electronic author", writes essays (inter alia for *Lettre*) and is a cultural theorist and computer programmer.



Martin Burckhardt
A Short History of Digitalisation
[Eine kurze Geschichte der Digitalisierung]

Penguin
220 pages
With 107 colour illustrations
November 2018

Every day we go through a roller coaster of emotions: enthusiasm for digitalisation on the one hand and fear of this unknown cold power on the other. But where does it come from, this power?

Cultural theorist Martin Burckhardt points out that it was all thought up by human beings. After all, the digital age started off in 1746. We would not be able to surf the Internet if abbot Nollet had not discovered the immediate effect of electricity all those years ago. Neither would we be able to if Joseph-Marie Jacquard had not been involved in the invention of the programmable weaving loom and if Charles Babbage, with his analytical engine, had not laid the foundation for modern day computers.

It is not mathematics that has been driving digitalisation forward but human desires and longings. This book is an invitation to think of the computer not as a machine but rather as a parlour game that will leave its mark on our future. This is a crash course in the cultural history of machines.

For readers of Yuval Noah Harari and Bill Bryson.

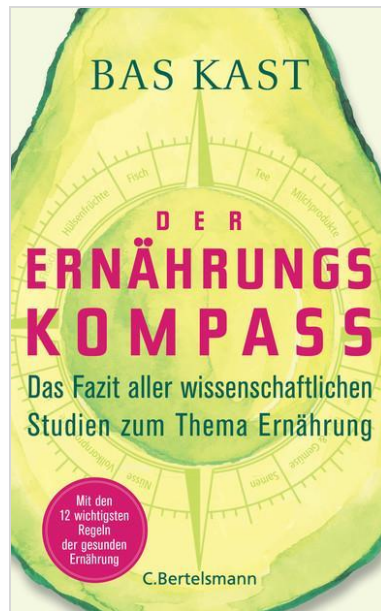
The answer to all questions about aging and nutrition



Rights sold to: Italy (Vallardi), Korea (Galmaenam), The Netherlands (Meulenhoff Boekerij), Poland (Otwarte), Russia (Eksmo), Spain (Grijalbo), Taiwan (Business Weekly)

English sample translation available

Bas Kast, born in 1973, studied psychology and biology in Konstanz, Bochum and at the MIT in Boston/USA. He works as a science journalist and author.



Bas Kast
The Diet Compass
[Der Ernährungs Kompass]
Summary of all scientific studies on the subject of nutrition

C. Bertelsmann
320 pages
With 39 b/w illustrations
March 2018

When science journalist Bas Kast collapsed with chest pains when he was only 40, he was faced with an existential question: had he ruined his health with junk food? He decided to radically change his eating habits in order to heal himself. But what is really good for you?

This was the beginning of a journey of discovery into the latest research into aging and nutrition – and it lasted several years. What do people with a particularly long life span eat? How can you lose weight efficiently? Are afflictions typical of old age avoidable? Can you "eat yourself young" with certain foods? Much of what we think is healthy can even be harmful. Bas Kast has filtered out from thousands of sometimes contradictory studies scientifically founded findings about what really makes for healthy eating.

#1 Spiegel bestseller: 220,000 copies sold

Press:

"Kast's book provides exactly what it promises: a summary of the most recent nutritional findings in easily digestible morsels."

Berliner Morgenpost

"Science journalist Bas Kast is at the cutting edge of research on nutrition. [...] Here he fascinatingly and clearly explains the essence of the latest findings."

Woman

The new book by the *Spiegel* bestselling author



Rights sold to: Czech Republic (Mlada Fronta), Estonia (Tänapäev), The Netherlands (Bruna)

Elli H. Radinger, born in 1951, gave up her profession as a lawyer to devote herself entirely to writing and wolves, her passion. She is now Germany's best-known expert on wolves and dogs and in books, seminars and lectures shares her knowledge. She decided to put her wolf research on hold in order to care for her 13-year-old dog Shira during the last years of her life. Her book *The Wisdom of the Wolves* is a bestseller and has been translated into numerous languages.



Elli H. Radinger
The Wisdom of Old Dogs
[Die Weisheit alter Hunde]
Keep your cool and recognize what really counts –
What we can learn about life from grey snouts

Ludwig
320 pages
With 56 b/w photographs and a 24-page 4c image section
October 2018

Dogs are magnificent creatures, regardless of their age. Living with an old dog and looking after it in its final years opens our eyes and our hearts. Old dogs can teach us a lot – accept every day as a gift; regret nothing; care for your pack; recognize what really counts; accept what cannot be changed; forgive while you are still alive; you are never too old for new tricks; age is a matter of attitude – and a whole lot more. Elli H. Radinger, expert on wolves and dogs, tells compelling stories focussing on examples of trust, patience, mindfulness, gratefulness, intuition, love, forgiving and wit. They also contain examples of how to cope with grief and loss. A warm-hearted and amazing compliment for man's – and woman's – best friend.

Previous book by the author:



The Wisdom of the Wolves

Ludwig 2017

Rights sold to: China (Citic Press Corp.), Czech Republic (Mlada Fronta), Estonia (Tänapäev), France (Trédaniel), Greece (Psychogios), Italy (Sperling&Kupfer), Japan (Tsukiji), Korea (Sangsang Academy), The Netherlands (Bruna), Poland (Czarna Owca), Romania (Publica), Slovakia (Ikar), Slovenia (Mladinska), Spain (Urano), Taiwan (Business Weekly), UK/World English (Michael Joseph)

Highlights Spring 2018



Knaus, 192 pages
March 2018

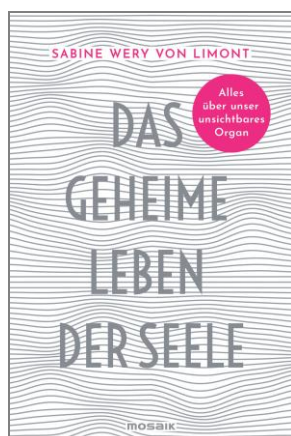
Gerald Hüther: *Dignity*

Dignity is a grand term. But what exactly is dignity? What does it mean when our dignity is taken away from us – perhaps, for example, because in a digital world we only count as data sets or get abused on the Internet? Perhaps because our own behaviour is undignified and we debase others?

In his new book, brain scientist Gerald Hüther demonstrates that dignity is not only a human right with an ethical and philosophical basis but also a neurobiologically founded inner compass which puts us in a position to not lose ourselves amidst the variety of demands and constraints we face from outside in a highly complex world. It is thus all the more important that we learn to reinforce our perception of our own dignity. The point is: if you are aware of your dignity, you cannot be led into temptation.

Spiegel bestseller: 55,000 copies sold

Rights sold to: China (Ginkgo (Beijing) Book Co.), Korea (Influential)



Mosaik, 352 pages
October 2017

Sabine Wery von Limont: *The Secret Life of the Soul*

You may not be able to see it, yet it is palpable and even measurable. Though the soul is the invisible organ of our body, it affects our entire organism through its influence on the nervous system. It encompasses the totality of our perception, affects brain and organ activity, influences attachments to our fellow human beings, defines our personality – and it can make us ill.

The renowned behavioural therapist Sabine Wery von Limont clearly and with many case examples from psychotherapy describes the ways in which the soul communicates with us and why it is worthwhile to connect with it to come to a better understanding of ourselves and others.

- English sample translation available
- **Spiegel bestseller: 15,000 copies sold**

Rights sold to: China (Thinkingdom Media), France (Trédaniel), Greece (Patakis), Italy (Mondadori), Lithuania (Alma Littera), The Netherlands (Atlas Contact), Portugal (Bertrand), Turkey (Epsilon)

Upcoming Spring 2019:

English sample translation available soon

Dr. Dominik Nischwitz is a registered dentist, natural health practitioner and nutritionist. He and his father set up the Centre for Biological Dentistry in Tübingen. He is a pioneer in the field of holistic odontology and regularly gives lectures at science congresses all around the world. His motivation is based on the fact that his hypotheses have led to discussion amongst practicing dentists, for the mouth cavity must at last stop being seen in isolation but be understood as of central importance for the health of the entire body.



Dr. Dominik Nischwitz
The World of the Mouth
[In aller Munde]
Our teeth and their importance for the health of the rest of the body

Mosaik
350 pages
March 2019

The secret of a healthy body begins in the mouth

Our mouths are not just for smiling with; our teeth are involved in more than merely chewing; and our tongues do far more than only taste and swallow. The mouth cavity is a sensitive eco system and the gate to the body. Our nourishment enters the body through the mouth; we use it for speaking to other people – and it is central for the health of the entire body. A diseased mouth leads to other diseases: from irritation, fatigue and overweight through cardiovascular ailments to stroke, Alzheimer and cancer – it all begins in the mouth.

Using the latest scientific research, Dr. Dominik Nischwitz, holistic dentist and pioneer in biological dentistry, tells us everything we never knew before about our teeth, why the mouth cavity is the key to the health of the entire body and what we need to know about oral hygiene, care and nutrition.

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