**新 书 推 荐**

**中文书名：《妈妈，那不是爱：请还我自由》**

**英文书名：THE HOUSE OF MY MOTHER: A Daughter's Quest for Freedom**

**作 者：Shari Franke**

**出 版 社：S&S/Gallery**

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**版权已授：英国、斯洛伐克、波兰**

**亚马逊畅销书排名：**





**THE HOUSE OF MY MOTHER debuts at #1 on The New York Times hardcover nonfiction bestseller list January 26!**

**内容简介：**

“父母的爱不该由孩子去争取。再多的成就也无法弥补本应无条件存在的爱的缺失。”

**长女莎莉·弗兰科（Shari Franke）勇敢地讲述了曾在网络上引发热议的“八口之家”（8 Passengers）家庭视频博客背后令人震惊的真实故事，她在母亲鲁比·弗兰科（Ruby Franke）手中遭受的不为人知的虐待，以及她如何在无尽的痛苦中寻求到自由与治愈的旅程。**

2015年，莎莉·弗兰科的母亲鲁比·弗兰科创办了YouTube频道“八口之家”，记录着弗兰科家六个孩子及其父母的生活。在巅峰时期，这个家庭账号一度拥有近250万订阅者，然而，尽管这个频道很受欢迎，越来越多的观众开始察觉到鲁比的育儿方式似乎过于极端，甚至可能涉嫌虐待儿童。2023年，鲁比及其商业伙伴在犹他州被捕，被指控的罪名为严重虐待儿童。

在那个改变命运的日子里，18岁的长女莎莉在社交平台上发布了一张家门口停着警车的照片，配文只有一个词：“终于”（Finally）。

在这本书中，莎莉将首次揭露“八口之家”和鲁比·弗兰科的极端关系辅导项目“ConneXions”背后的黑暗真相。本书叙事扣人心弦，风格类似吉尔·达格（Jill Duggar）的《代价几何》（*Counting the Cost*），在这个关于背叛的惊人故事中，每一个细节都被展示得淋漓尽致。

**营销亮点：**

* **“八口之家”与网红妈妈的成名之路：**在YouTube注销“八口之家”（8 Passengers）频道之前，该频道拥有250多万订阅者，他们观看鲁比·弗兰科作为一名妻子和六个孩子母亲的日常生活视频。她是2010年代在社交媒体上流行的“妈妈博主”（mommy vlogger）运动的一员，直到粉丝们开始注意到一些可疑的育儿行为以及可能存在的虐待迹象，尤其是鲁比与乔迪·希尔德布兰德（Jodi Hildebrand）的关系。当“八口之家”品牌解散后，鲁比全职与乔迪合作，推出了极端的家长咨询项目“ConneXions”，期间一直面临虐待儿童指控，直至2023年她们因严重虐待儿童同时被捕。
* **首度发声：**在鲁比被捕前一整年，莎莉就已与母亲疏远并搬离了家。逮捕当天，莎莉在社交媒体上打破了长达一年的沉默，只发布了一个有力的词：“终于”。这本书将首次讲述真实的故事，揭露虐待的爆炸性细节。莎莉从未向任何媒体透露过她的家庭情况，而是希望以自己的方式讲述这段经历。
* **畅销同类作品：**莎莉的书将加入一系列令人印象深刻的家庭回忆录畅销书的行列。吉尔·达格（Jill Duggar）的突破性作品、《纽约时报》畅销书《代价几何》（*Counting the Cost*）各版本销量已超过32.2万册，科迪·布朗（Kody Brown）的《纽约时报》第一畅销书《妻子姐妹们》（*Sister Wives*）销量超过9万册。
* **持续的媒体报道与TikTok热潮：**对鲁比和乔迪的审判受到了全方位的媒体报道（《The Cut》、《人物》、NBC、CBS），粉丝们纷纷在TikTok和Reddit上讨论案件的后续发展。粉丝们着迷于案件不断披露的细节，但没有人比莎莉更了解真实情况。2024年2月20日，鲁比和乔迪被判处长达30年的监禁，这是犹他州的最高刑期。3月25日，犹他州警方公布了大量调查证据，包括鲁比日记中从未曝光过的虐待记录、8 月份两人被捕时的执法记录仪画面，以及鲁比的儿子逃到邻居家时的门铃摄像头录像，警方在邻居家发现鲁比的儿子极度消瘦，身上有遭受虐待的迹象。
* **真实犯罪播客：**2024年2月，Wondery通过旗下真实犯罪频道Law&Crime发布了一档名为《鲁比·弗兰科的兴衰》（*The Rise and Fall of Ruby Franke*）的新播客系列。对于真实犯罪题材的听众来说，这档节目已经颇受欢迎，而莎莉的叙述将让案件追随者和普通真实犯罪爱好者了解到公开信息外的更多内容。
* **对儿童网红文化的反思：**这本书揭示了那些在热门社交媒体账号上出镜的儿童所遭受的剥削创伤，而实施者主要是他们自己的父母。莎莉是2010年代“妈妈博主”的孩子中第一批长大成人并思考在镜头前成长会对自己产生何种影响的人之一。她的故事将与詹妮特·麦柯迪（Jennette McCurdy）的《我妈走后，我终于成了一个正常人》（*I'm Glad My Mom Died*）（销量超过200万册）和吉尔·达格（Jill Duggar）的《代价几何》（*Counting the Cost*）一起，揭示孩子们如何没有话语权，如何受制于扭曲的权力关系，而成年人却从他们的经历中获利。

**作者简介：**

**莎莉·弗兰科（Shari Franke）**是弗兰科家的长女。她是杨百翰大学的一名学生。

**营销信息：**

莎莉·弗兰科的《人物》（*People*）杂志专访于2025年1月3日上架。PEOPLE.COM也对该书进行了首次连载：[Shari Franke Confronted Mom Ruby Franke After Calling Child Protective Services (Exclusive)](https://people.com/shari-franke-the-house-of-my-mother-excerpt-exclusive-8767606)。PEOPLE.COM将本书评为2025年20部热门名人回忆录之一：“现在，在这本令人心碎的回忆录中，曾引发网络热议的‘八口之家’频道背后的女人的长女，将分享她的完整经历，以及她对未来的展望。”

莎莉·弗兰科在Instagram上向她的60多万粉丝介绍了她的回忆录《妈妈，那不是爱》，点击[此处](https://www.instagram.com/p/DBKEozCzPfJ/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==)查看全文。



已确定的社交媒体活动包括：在Facebook/Instagram、Criteo DSP、NextDoor、TikTok和AMS上开展数字广告活动，目标受众为流行文化、真实犯罪和新闻网站及粉丝；在莎莉拥有62万粉丝的社交媒体平台上进行推广，包括开箱视频、展示图片等。

 

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| **Publicity**NATIONAL TV**JAN 7, 2025**    Good Morning America / ABC NATIONAL PRINT**JAN 3, 2025**    PEOPLE Magazine / Author Interview ONLINE**OCT 16, 2024**    Distractify / Announcement Pick Up / Ruby Franke's Eldest Daughter Shari Announces She Wrote a Book / [LINK](https://www.distractify.com/p/ruby-franke-daughter-shari-franke-book%22%20%5Ct%20%22_blank)**OCT 16, 2024**    The Washington Post / Article with Mention / Utah joins the debate over child influencer rights / [LINK](https://www.washingtonpost.com/lifestyle/2024/10/16/utah-protections-children-mom-influencers/%22%20%5Ct%20%22_blank)**OCT 17, 2024**    KSLTV / Article with book mention / Ruby Franke’s oldest daughter speaks to Utah lawmakers on behalf of children in family vlogs / [LINK](https://ksltv.com/694742/ruby-frankes-oldest-daughter-speaks-to-utah-lawmakers-on-behalf-of-children-in-family-vlogs/%22%20%5Ct%20%22_blank)**OCT 17, 2024**    Washington Post / Article with book mention / Utah joins the debate over child influencer rights / [LINK](https://www.washingtonpost.com/lifestyle/2024/10/16/utah-protections-children-mom-influencers/%22%20%5Ct%20%22_blank)**OCT 18, 2024**    Daily Mail / Article with book mention / Ruby Franke's eldest daughter Shari addresses lawmakers on dangers of family vlogging - says her 'innocence was ruined' / [LINK](https://www.dailymail.co.uk/femail/article-13973093/ruby-franke-shari-family-vlogging-utah-statement.html%22%20%5Ct%20%22_blank)**OCT 18, 2024**    Good Morning America / Article with book mention / Ruby Franke's daughter speaks out to lawmakers on family vlogging dangers / [LINK](https://www.goodmorningamerica.com/family/story/ruby-frankes-daughter-speaks-lawmakers-family-vlogging-dangers-114904176%22%20%5Ct%20%22_blank)**OCT 18, 2024**    Global News / Article with Mention / Ruby Franke’s daughter warns about family vlogging: ‘It ruined my innocence’ / [LINK](https://globalnews.ca/news/10818504/shari-ruby-franke-daughter-child-influencers-family-vlogging/%22%20%5Ct%20%22_blank)**OCT 18, 2024**    The Independent / Article with Mention / Ruby Franke’s daughter says her innocence was ‘ruined’ by vlogging in impassioned appeal to lawmakers / [LINK](https://www.independent.co.uk/life-style/ruby-franke-shari-family-vlogging-lawmakers-b2631752.html%22%20%5Ct%20%22_blank)**OCT 22, 2024**    The Salt Lake Tribune / Article with Mention / Ruby Franke’s eldest daughter says siblings aren’t being helped by ‘trash’ TV movie / [LINK](https://www.sltrib.com/artsliving/2024/10/22/mormon-mom-gone-wrong-movie-is/%22%20%5Ct%20%22_blank)**OCT 22, 2024**    Newsweek / Article / Ruby Franke's Daughter Breaks Silence On Abusive YouTubing Mormon Mom / [LINK](https://www.newsweek.com/shari-franke-ruby-child-influencers-testifies-utah-lawmakers-1972489%22%20%5Ct%20%22_blank)**OCT 22, 2024**    Newsweek / Article with book mention / Ruby Franke's Daughter Breaks Silence On Abusive YouTubing Mormon Mom / [LINK](https://www.newsweek.com/shari-franke-ruby-child-influencers-testifies-utah-lawmakers-1972489%22%20%5Ct%20%22_blank)**OCT 22, 2024**    The Salt Lake Tribune / Article with book mention / Ruby Franke’s eldest daughter says siblings aren’t being helped by ‘trash’ TV movie / [LINK](https://www.sltrib.com/artsliving/2024/10/22/mormon-mom-gone-wrong-movie-is/%22%20%5Ct%20%22_blank)**OCT 24, 2024**    Biography / Article with book mention / What Happened to Ruby Franke’s Husband and Kids? / [LINK](https://www.biography.com/crime/a62695717/ruby-franke-kids-husband-now%22%20%5Ct%20%22_blank)**OCT 26, 2024**    The Cinemaholic / Article with book mention / Where Are Ruby Franke’s Kids Now? / [LINK](https://thecinemaholic.com/ruby-frankes-kids/%22%20%5Ct%20%22_blank)**OCT 26, 2024**    The US Sun / Article with book mention / NEW CHAPTER Daughter of disgraced vlogger Ruby Franke wants law to protect kids from exploitation after escaping house of horrors / [LINK](https://www.the-sun.com/news/12747304/ruby-franke-shari-lifetime-movie-backlash/%22%20%5Ct%20%22_blank)**OCT 27, 2024**    FOX News / Article with book mention / Child-abusing mommy blogger Ruby Franke's daughter warns parents about posting kids' pictures online / [LINK](https://www.foxnews.com/us/child-abusing-mommy-blogger-ruby-franke-daughter-warns-parents-about-posting-kids-pictures-online%22%20%5Ct%20%22_blank)**OCT 27, 2024**    People / Article with book mention / Where Are Ruby Franke’s 6 Kids Now? Here's What Happened to the Family After the Vlogger's 2023 Arrest / [LINK](https://people.com/where-are-ruby-franke-children-now-8733054%22%20%5Ct%20%22_blank)**NOV 1, 2024**    Hello! / Book Mention / Where Ruby Franke's six children are now following her imprisonment / [LINK](https://www.hellomagazine.com/celebrities/727720/where-ruby-franke-six-children-now/%22%20%5Ct%20%22_blank)**NOV 8, 2024**    The Bookseller / Article about Book / Gallery UK acquires memoir by daughter of disgraced YouTube parenting vlogger Ruby Franke / [LINK](https://www.thebookseller.com/rights/gallery-uk-acquires-memoir-by-daughter-of-disgraced-youtube-parenting-vlogger-ruby-franke%22%20%5Ct%20%22_blank)**NOV 28, 2024**    The Sun / Book Mention / 'NOT THANKFUL' Daughter of shamed vlogger Ruby Franke hurls Thanksgiving swipe at mom in prison – weeks after calling for law change / [LINK](https://www.the-sun.com/news/12988474/ruby-franke-shari-thanksgiving-instagram-abuse/%22%20%5Ct%20%22_blank)**NOV 28, 2024**    Daily Mail / Book Mention / Ruby Franke's daughter shares brutal Thanksgiving Day message to mom... but there's a silver lining / [LINK](https://www.dailymail.co.uk/news/article-14138935/Ruby-Franke-daughter-Shari-Thanksgiving.html%22%20%5Ct%20%22_blank)**JAN 1, 2025**    People.com / Round-up / 20 Hot Celebrity Memoirs Coming in 2025 — Including Tina Knowles, Lionel Richie and Jordan Chiles / [LINK](https://people.com/20-celebrity-memoirs-coming-in-2025-8767535%22%20%5Ct%20%22_blank)**JAN 2, 2025**    The Independent / Book excerpt pick up / Shari Franke reveals what she told mom Ruby Franke after calling child protective services / [LINK](https://www.independent.co.uk/life-style/shari-franke-memoir-ruby-abuse-b2672877.html%22%20%5Ct%20%22_blank)**JAN 2, 2025**    E! Online / Excerpt pickup / Ruby Franke’s Daughter Shari Details Intense Confrontation After Calling Child Protective Services on Mom / [LINK](https://www.eonline.com/news/1411700/ruby-frankes-daughter-shari-details-intense-confrontation-after-calling-child-protective-services-on-mom%22%20%5Ct%20%22_blank)**JAN 2, 2025**    People.com / Book Excerpt / Shari Franke Confronted Ruby Franke After Calling Child Protective Services: ‘I Never Hated You, Mom’ (Exclusive) / [LINK](https://people.com/shari-franke-the-house-of-my-mother-excerpt-exclusive-8767606%22%20%5Ct%20%22_blank)  |
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